

Care, Health and Wellbeing OSC

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Deciding Together, Delivering Together

Authors

Ian Renwick, Chief Executive of Gateshead Health NHS Foundation Trust

Julie Ross, Director of Integration across the health and care partners in Newcastle and Gateshead.

Purpose

The report

1. Identifies the increased scope of the Deciding Together, Delivering Together programme to include older people's mental health services delivered by Gateshead Health Trust in addition to social care and voluntary sector services. (The original programme was limited to Northumberland Tyne and Wear Mental Health Trust services only).
2. Updates members about the Deciding Together, Delivering Together process which will redesign community based adult and older people's mental health services in Gateshead (and in Newcastle).
3. Seeks the views of OSC about how to best engage elected members in the process of Deciding Together, Delivering Together and specifically in the design workshops scheduled for September and October.

History

The Deciding Together process, which was led by the CCG, involved asking people who use mental health services, their families, carers, mental health professionals and service providers for their views on improving the way specialist adult mental health services are arranged in Gateshead and Newcastle; it culminated in a listening exercise held during winter 2014/15 and was published in April 2015.

In March 2016, a joint scrutiny meeting between Newcastle and Gateshead considered the findings. In June 2016, the CCG governing body considered the findings of the Deciding Together process and the public consultation and made its decision about the future of the services releasing the following statement:

"Mental health services in Newcastle and Gateshead are set to be transformed – reducing the amount of time people will spend in hospital and creating better, more integrated care outside of hospital in the community, and helping people to recover sooner – and bringing them onto an equal footing with physical health care The changes will mean the creation of new in-patient facilities at Newcastle's St Nicholas' Hospital, and the opportunity to innovate a wider range of improved and new community services, some that will be specifically provided by community and voluntary sector organisations under future new contracts, that will link with statutory NHS services.

While the decision will mean the closure of Gateshead's standalone Tranwell Unit, as well as the

Hadrian Clinic in Newcastle, it provides the opportunity to make significant changes that will create new interlinking community and hospital mental health services that will reduce the reliance on hospital stays, shorten the time people spend in hospital and overall improve their experience of services, helping them to recover sooner, stay well and have fulfilling lives.

Older people's services in Newcastle would also change and be consolidated at St Nicholas' Hospital, closing wards based on the former Newcastle General Hospital site.

The money released from these changes will be invested into new and enhanced services that will create a better way for people to be supported and cared for in their own communities, minimising the need for in-patient care because new innovative services will support them, when they need it.

The link below provides detail about the consultation process and its outputs.
<http://www.newcastlegatesheadccg.nhs.uk/get-involved/you-said-we-did/mental-health/deciding-together-2/>

Scope

Following the CCG decision, work began to understand how to best implement the decision and on 1 February 2017, a stakeholder workshop was held to identify those next steps. Officers from Gateshead council were in attendance. The 'Deciding Together, Delivering Together' work will implement the decision of Deciding Together – we are not starting again!

The workshop group in February 2017 proposed to work in a collaborative way to **redesign the pathways for adults and older people in Newcastle and Gateshead who have urgent (in its broader sense) and more complicated / intense mental health needs, by December 2017.**

The redesign work will cover all adult and older peoples mental health services in Gateshead and Newcastle; this recognises that the Deciding Together scope was limited to NTW provided services and that was not sufficiently broad to redesign services to meet the mental health needs of the population. The increased scope therefore means covering the Gateshead and Newcastle provision of:

- All NTW provided adult and older people's services
- Gateshead health provided older peoples mental health services (new to scope)
- Third sector services, community and voluntary service services (new to scope)
- Social care services (new to scope)

Work is now underway to design the community based adult and older people's mental health services in both Gateshead and Newcastle, with the following objectives:

- Improve quality for service users, carers and families by transforming community-based mental health provision creating enhanced, integrated, holistic care outside of hospital, supporting people to maintain their own wellbeing within their own communities and focussing on an asset based, recovery approach
- Develop an integrated model of care that improves long term outcomes for adults with complex and urgent mental health needs.
- By delivering this, reduce reliance on inpatient beds, improve transitions of care, shorten the time people spend in hospital and improve people's experience of care.
- Reconfigure the current mental health inpatient footprint for adults of working age across Newcastle and Gateshead by closing facilities at the Tranwell Unit in

Gateshead and the Hadrian Clinic in Newcastle, and developing a single in-patient unit in Newcastle.

- In the light of the community model, review provision of in-patient services for older people across Newcastle Gateshead at new inpatient facilities for both Adults and Older People at the St Nicholas site in Newcastle.
- Ensure the delivery of an affordable and sustainable model of care and support for people with complex and urgent mental health needs, their carers and their families

The scope of the work covers the following:

- Gateshead and Newcastle localities
- NTW provided adult and older people's services
- Older peoples mental health services in Gateshead
- Third sector mental health services, and the wider community and voluntary sector
- Social care and other local authority services
- Interface with GP services
- Interface with employment and housing

Design process

The design process will begin with two stakeholder events in July and then four week long workshops during September and October. This is a significant time commitment for all those involved in the process and presents some challenges for smaller organisations in releasing staff time.

The Mental Health Programme Board, which comprises a range of service users, carers and small providers as well as the larger statutory bodies, is providing advice on how best to engage with the wider community through the process, whilst maintaining the pace of the design process. The headlines of that advice will be presented verbally to health scrutiny in June (as the programme board meeting is after the date of this paper's submission).

Members of OSC are asked to provide advice about how best to engage elected members in the design process.

Three interlinked work programmes have been established to take us through the process as follows:

Resources review group

1. Restate the case for change activity and for finances (brief exercise)
2. Review the Gateshead resources and services delivered. (this reflects the increased scope of the work)
3. Assess existing capital and what needs to change to accommodate Delivering Together outcomes

Stakeholder views Group

1. Review the outcomes of Deciding Together and identify strengths, concerns and potential solutions where possible.
2. Describe key components of a community service – including specific references to voluntary and community sector.
3. Support the planning of the workshop design events in summer, feeding in the outputs of the group and shaping the community services specification.

Design Group

1. **Design community services** – across adult and older people services using both the Delivering Together work to date and available national evidence of effectiveness and efficiency. The scope of the design must include maximising the use of the voluntary and community sector, as a key delivery partner in mental health services.

This work will need to be taken forward through a series of **workshop events**, to be held in September and October. The methodology for the workshops will combine the existing transformation methodology of the NTW Transformation programme. Consideration will need to be given as to whether there should be a single specification for Gateshead and Newcastle – or one for each area.

2. **Design inpatient delivery** parameters including
 - a) Acute mental health inpatient needs for adults and for older people.
 - b) Shared care (physical and mental health inpatient needs) if appropriate.

This work will be critical to ensuring we develop a new in patient facility that will work easily with the community services, focus on recovery and support patients over a longer term such that readmission to hospital is prevented as far as possible.

Timetable

